

**UPCOMING SESSIONS** 

Friday, January 5th 6:00 - 7:00pm

Thursday, February 8th 7:30 - 8:30pm

Saturday, March 2nd 5:00 - 6:00pm

Saturday, April 6th 5:00 - 6:00pm

Friday, May 3rd 6:00 - 7:00pm Join Blue Muse Sound Healing as she creates a meditative field of frequencies, a Sound Bath of Gongs, Crystal and Tibetan Bowls, Ocean Drum, Chimes and more. This facilitates a deep and restorative rest and an opportunity for the mind and body to release stuck energy and emotions. Sound baths create the space for self-healing and transformation. The resonance of the instruments is not just an auditory experience - it's like receiving a full body sound massage.

## \$35 per session at sign up Guests welcome! (Fees apply).

Please sign up with at least 48 hrs notice. No refunds unless the event is cancelled.

FOR MORE INFO, CONTACT SHELLEY MOGEL: SHELLEYM@AIRPORTCLUB.COM | 707.521.2465