

# Pilates Reformer Schedule

## Mondays

9:00 - 10:00am WITH CATHERINE  
1:00 - 2:00pm WITH CATHERINE  
6:00 - 7:00pm WITH AMY

## Contact to sign up

catherined@airportclub.com  
catherined@airportclub.com  
amyw@airportclub.com

## Tuesdays

6:00 - 7:00am WITH ALICE  
9:00 - 10:00am WITH KRISTEN  
12:00 - 1:00pm WITH KRISTEN  
5:45 - 6:45pm WITH KRISTEN

## Contact to sign up

alicer@airportclub.com  
kristen@airportclub.com  
kristen@airportclub.com  
kristen@airportclub.com

## Wednesdays

9:00 - 10:00am WITH KRISTEN  
10:00 - 11:00am WITH AMY  
12:00 - 1:00pm WITH GWEN  
1:15 - 2:15pm WITH GWEN

## Contact to sign up

kristen@airportclub.com  
amyw@airportclub.com  
gwenm@airportclub.com  
gwenm@airportclub.com

## Thursdays

6:00 - 7:00am WITH ALICE  
11:00 - 11:30 WITH CATHERINE  
9:00 - 10:00am WITH KRISTEN  
12:00 - 1:00pm WITH KRISTEN

## Contact to sign up

alicer@airportclub.com  
catherined@airportclub.com  
kristen@airportclub.com  
kristen@airportclub.com

## Fridays

10:00 - 11:00am WITH AMY  
12:00 - 1:00pm WITH GWEN

## Contact to sign up

amyw@airportclub.com  
gwenm@airportclub.com

## Saturdays

10:00 - 11:00am WITH AMY

## Contact to sign up

amyw@airportclub.com

Group personal training rates apply.