



SPRING KICK-OFF SWIM CLINIC

WITH MASTERS COACH CATHERINE DAVIS

SATURDAY
MAY
18TH

These clinics are designed to help you become more efficient, increase your speed in the water, and reduce your risk of injury. Clinics are open to beginners or experienced swimmers who would like to improve their skills and technique. Freestyle is emphasized, with one other stroke included in each session.

Prerequisite: Some swim experience is necessary. One length of the pool freestyle side breathing.

FREESTYLE & ONE OTHER STROKE

10:00AM – 11:15AM

CLINIC FEE: \$35 PER PERSON

SIGN UP AT THE SERVICE DESK. SPACE IS LIMITED TO 10.

For more information email catherined@airportclub.com