

# SUICIDE PREVENTION

## *QPR GATEKEEPER TRAINING*



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**SEPTEMBER 30TH FROM 6:00 - 7:30PM**

*IN THE CONFERENCE ROOM • FREE TO MEMBERS • GUEST FEES APPLY*

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**JUST LIKE CPR, QPR IS AN EMERGENCY RESPONSE TO SOMEONE IN CRISIS, AND IT CAN SAVE LIVES.**

Please join NAMI Sonoma County, featuring speaker Nick Fierro, for a QPR (Question, Persuade, Refer) Gatekeeper Training for Suicide Prevention.

This educational program is designed to teach lay and professional “gatekeepers” the warning signs of a suicide crisis and how to respond. After the training, QPR participants will be able to:

- Identify someone at risk for suicide
- Intervene with someone at risk
- Refer them to an appropriate source

This training is recommended for parents and anyone interested in learning more about suicide prevention.

FOR MORE INFO OR TO SIGN UP, CONTACT THE SERVICE DESK: 707.528.2582