



SPRING KICK-OFF SWIM CLINIC

WITH MASTERS COACH CATHERINE DAVIS

SATURDAY
APRIL
19TH

These clinics are designed to help you become more efficient, increase your speed in the water, and reduce your risk of injury. Clinics are open to beginners or experienced swimmers who would like to improve their skills and technique. Freestyle is emphasized, with one other stroke included in each session.

Prerequisite: Some swim experience is necessary. One length of the pool freestyle side breathing.

Freestyle & one other stroke
10:00AM - 11:15AM
CLINIC FEE: \$35 PER PERSON

SIGN UP AT THE SERVICE DESK. SPACE IS LIMITED TO 10.

For more information email catherined@airportclub.com