



BEGINNING PILATES REFORMER WORKSHOP

with Instructor Alice Rime

SATURDAY, APRIL 26TH
12:00PM - 2:00PM

This 2 hour workshop is designed to teach participants how to safely use the Open Pilates Reformer Studio at the Airport Club!

Group Personal Training rates apply.

SIGN UP TODAY! SPACE IS LIMITED.

For more information or to sign up please contact Alice
at Alicer@airportclub.com or 707.975.1542