

**\$100**  
PER SESSION!

# KIDS SUMMER FITNESS CLASSES

**WITH TRISTA PARK**

Get ready for a summer full of movement, energy, and fun! This action-packed class is designed to build strength, boost agility, and keep kids active through exciting fitness games and team challenges. Every participant will have the chance to grow stronger, faster, and more confident – all while having a blast!

**AGES 10-14**

**SESSION 1: JUNE 9<sup>TH</sup>, 11<sup>TH</sup>, 16<sup>TH</sup> & 18<sup>TH</sup>**

**SESSION 2: JUNE 30<sup>TH</sup>, JULY 2<sup>ND</sup>, 7<sup>TH</sup>, 9<sup>TH</sup>**

**SESSION 3: JULY 21<sup>ST</sup>, 23<sup>RD</sup>, 28<sup>TH</sup>, 30<sup>TH</sup>**

**EACH CLASS MEETS FROM  
2:00 TO 3:00PM**

**Located in Studio 1**



**CONTACT TRISTA TO SIGN UP: 707.291.9287 OR [TRISTAP@AIRPORTCLUB.COM](mailto:TRISTAP@AIRPORTCLUB.COM)**